

# Should Canyon View Have Early out Friday



**For:**

Currently, CVMS has late-start Wednesdays instead of early-out Fridays. Some think this should not be changed because they like sleeping in on Wednesdays. However, Canyon View should institute early-out Fridays instead. There are many benefits to this change including having more time for the weekend, waking up on a regular schedule, and not having to be home alone on Wednesday mornings. The lives of students would be improved by this change.

First, early-out Fridays would give students more family time on the weekend. According to U.S. studies, at least half of Americans take weekend trips every so often. Early-out Friday would provide two extra hours that parents and students can use to get to their destination. Without early-out, parents are sometimes forced to check out students early in order to make it to their destination on time. Early-out on Fridays would provide opportunities for weekend trips without the need to miss precious learning hours.

Also, this change would improve learning. Keeping a regular wake-up schedule would help students in school. According to an interview in the *Harvard Business Review*, people who are early risers tend to be more productive. As students are being held to higher and higher standards, they need a regular wake-up schedule.

The third, and maybe most important, reason is to avoid students being at home alone during late-start mornings. Many parents work in the morning, and students are left on their own to get ready and catch the bus. Being home alone is a real danger. In a Kid's health article, parents are cautioned that, "Most kids don't have the maturity and skills to respond to an emergency if they're alone."

Canyon View has a big decision to make, whether or not to continue late-start Wednesdays. Some support the current late-start day with the argument of sleep. I think that family, learning, and safety should be way more important to us than an hour or two of sleep. Canyon View, it's time for a change that will benefit you and your families. Let's make this idea a reality.

By Avery Brown



**Against:**

Each Wednesday, students at Canyon View Middle School don't have start class until 9:50. Some think that students should leave school early each Friday rather than coming to school late on Wednesdays. I think coming late on Wednesday is the best choice because teenagers will get the right amount of sleep, students have a way to get home, and there would be more students absent on Fridays.

First of all, there would be more absents on Friday! Families will want to start their weekends early. Many think that students won't miss anything important because it is a short day. Some people already think the same thing about Wednesday's but they don't have anything going on, so they don't miss school.

Additionally, late start Wednesdays will give teenagers more much-needed sleep. Most teenagers stay up past midnight and get up at 6 or 7 in the morning to get ready for school. Without enough rest, you can't be expected to do your best work at school. A long-term lack of shut-eye can lead to bad grades, memory problems, and poor judgment.

Last, but not least, students can't get home if their parents can't pick them up. A lot of students have their parents pick them up because they are out of zone for the buses to pick them up. If students get out of school early, then most parents can't pick them up because they have work. Students who live far away from the school and can't walk to their home or can't ride the bus need a parent to pick them up.

In conclusion, letting students leave early on Fridays is a bad idea. Many students are going to be absent on Friday. There are also far too many students who stay up too late and wake up early. Those students need sleep. Late start Wednesday is a great opportunity for those students to catch up! Many students also live far away from the school and need their parents to pick them up. Some people want to have early out Friday because it will give them a longer weekend. The longer weekend is only 2 hours. The district made a good choice when late start Wednesday was chosen for teachers to go to trainings and plan. Leaving school early on Fridays would create way too many problems.

By Madison Paxton



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